

Amy Bala

PT, WCC, CWS

Education

- ❖ Bachelor of Science, Kinesiology, University of Illinois at Urbana-Champaign, *Urbana, Illinois* 5/99
- ❖ Masters of Physical Therapy Midwestern University, *Downers Grove, Illinois* 1/03

Experience

Physical Therapist - Full Time

METT Rehabilitation Services, Inc., Franciscan St. James Health, *Chicago Heights, Illinois* 1/04 - 8/14
Olympia Fields, Illinois 5/03 - 12/03

- ❖ Evaluate, treat, and create discharge plans for inpatient and outpatient patients with wounds, including venous insufficiency, arterial insufficiency, pressure ulcers, neuropathic ulcers, and atypical diagnoses.
- ❖ Evaluate, treat, and create discharge plans for acute care patients and inpatient rehabilitation patients, including level I traumatic injuries, cognitive dysfunction, pediatric, vascular, oncology, maternity, cerebrovascular, spinal cord, surgical, amputations, orthopedic, and cardiopulmonary diagnoses.
- ❖ Consistently communicate with physicians and related clinicians regarding patient status and progress in therapy. Attend trauma rounds as liaison for rehabilitation team in 2003.
- ❖ Maintain daily patient loads ranging from 11 to 17 patients ranging from 3 to 103 years of age.
- ❖ Assist other facilities associated with METT Therapy Services in therapy coverage when census exceeded staff on hand. Work one weekend per month or more as needed in the department.
- ❖ Provide in-services to hospital nursing staff, surgical teams, and therapy staff to advance knowledge in current practice. Instruct and educate staff members with various in-services annually to improve their knowledge base in wound care related topics and other diagnoses.
- ❖ Serve as Clinical Coordinator of Clinical Experiences (CCCE) from 2004 to 2010. CCCE responsibilities include: direct student clinical affiliations for OT, PT, COTA, and PTA affiliations, supervise active student clinical affiliations, maintain relationships with universities, re-design tools utilized during affiliations, maintain knowledge base and reports to managerial staff, and educate staff members serving as clinical instructors.

Adjunctive Staff Lecturer

Governors State University, PT Program, *University Park, Illinois* 1/09 - 5/13

- ❖ Instruct physical therapy students integumentary physical therapy course. Instruct lectures and laboratories focused on wound care evaluation, assessment, and interventions. Prepare handouts and presentation for lecture and laboratory sessions. Prepare examination and quiz questions for lecture and lab content. Grade examinations, quizzes, papers, lab practical, and student case study presentation.
- ❖ Co - Teach with staff member for 2009 (Joyce Sligar, PT), 2011-2012 (Dr. Robin Washington, PT). Sole Instructor for 2010.

Adjunctive Staff Lecturer - Part Time

Midwestern University, PT Program, *Downers Grove, Illinois* 11/06 - 11/10

- ❖ Instruct physical therapy students in lectures and laboratories focused on wound care evaluation, assessment, and interventions. Prepare handouts and presentation for lecture and laboratory sessions. Prepare examination questions for lecture and lab content.

Pro -bono Staff Lecturer - Volunteer

Morton college, *PTA Program, Cicero, Illinois* 3/07

- ❖ Instruct physical therapy assistant students in lectures and laboratories focused on wound care evaluation, assessment, and interventions. Prepare handouts and presentation for lecture and laboratory sessions. Prepare examination questions for lecture and lab content.

Professional Certifications, Associations

❖ National Alliance of Wound Care, Wound Care Educational Institute, <i>Wound Care Certified, Member</i> <i>Committee Member</i> <i>Certified Skills Competency Certificate received in Sharp Debridement</i>	04 - present 10 9/06
❖ American Academy of Wound Management, <i>Certified Wound Specialist, Member</i>	07 - present
❖ American Burn Association, <i>Member</i>	09/12
❖ American Physical Therapy Association, <i>Certified Clinical Instructor</i> <i>Member</i>	06 <i>present</i>
❖ American Heart Association, <i>Basic Life Support (CPR/AED) Instructor</i> <i>Cardiopulmonary Resuscitation and Emergency Care Provider</i>	01-03 91-00, 04-present
❖ American Red Cross, <i>First Aid Provider</i>	91-03

Honors and Activities

❖ Outstanding Clinical Supervisor Award, Recipient, Governor's State University	14
❖ Scholarship Recipient, The Kosciuszko Foundation	01
❖ College of Applied Life Studies, <i>Deans List</i> , UIUC	94
❖ College of Dupage, <i>Academic Honor List</i>	99
❖ Arthritis Foundation, <i>People with Arthritis Can Exercise (P.A.C.E.) Instructor</i>	99-00
❖ Illini Equestrian Team, Illini Emergency Medical Services	96-98

Volunteer Work

Volunteer, <u>Special Olympics for Greater Chicagoland Area</u>	06-08
Research Assistant, <u>University of Illinois at Urbana-Champaign, Urbana, Illinois</u>	8/98-12/98
Cardiopulmonary Rehabilitation Intern, <u>Provena Covenant Hospital, Urbana, Illinois</u>	1/99-5/99
Physical Therapy Intern, <u>Advancing Special Students through Intensive Services and Teaching Program, Urbana Illinois</u>	1/99-5/99
Emergency Room Volunteer, <u>Provena Covenant Hospital, Urbana, Illinois</u>	5/95-12/95